

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Sushi Set

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Small Box Sushi Set																	
Salmon Nigiri Set	x	x (WG)**			x			x			x						
Salmon Nigiri & Hosomaki Set	x	x (WG)**			x			x			x						
Salmon Love Set	x	x (WG)**			x			x			x					x	
Yellowtail Roll Set	x	x (WG)**			x			x			x	x					
Tuna Chutoro Roll Set	x	x (WG)**			x			x			x	x					
Salmon Masago Roll Set	x	x (WG)**			x			x			x					x	
Prawn Roll Set	x	x (WG)	x					x			x	x					Egg, Fish, Milk, Sulphur, Molluscs
Surimi Avo Roll Set	x	x (WG)	x	x	x			x			x	x				x	
Yasai Roll Set	Vegan	x (WG)						x			x					x	
Tamago Egg Nigiri Set	Vegetarian	x (WG)**		x				x			x						
Chicken Katsu Roll Set	x	x (WG)		x				x	x		x	x				x	Crustaceans, Fish, Egg, Sulphur, Molluscs
Salmon Avo (Sesame) Roll Set	x	x (WG)**			x			x			x	x					
Salmon Skin Tempura Roll Set	x	x (WG)			x			x			x	x				x	Crustaceans, Milk Egg, Sulphur, Molluscs
California Roll Set	x	x (WG)	x	x	x			x			x	x				x	
Prawn Tempura Roll Set	x	x (WG)	x					x			x	x					Egg, Fish, Milk, Sulphur, Molluscs

*WG = Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten x (WG)** = Condiment (Soy Sauce Sachet) contains **WHEAT**

All our dishes may contain traces of nuts. Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements. For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

	Sushi Set
1	1
2	2
3	3
4	4
5	5
6	6
7	7
8	8
9	9
10	10
11	11
12	12
13	13
14	14
15	15
16	16
17	17
18	18
19	19
20	20
21	21
22	22
23	23
24	24
25	25
26	26
27	27
28	28
29	29
30	30
31	31
32	32
33	33
34	34
35	35
36	36
37	37
38	38
39	39
40	40
41	41
42	42
43	43
44	44
45	45
46	46
47	47
48	48
49	49
50	50
51	51
52	52
53	53
54	54
55	55
56	56
57	57
58	58
59	59
60	60
61	61
62	62
63	63
64	64
65	65
66	66
67	67
68	68
69	69
70	70
71	71
72	72
73	73
74	74
75	75
76	76
77	77
78	78
79	79
80	80
81	81
82	82
83	83
84	84
85	85
86	86
87	87
88	88
89	89
90	90
91	91
92	92
93	93
94	94
95	95
96	96
97	97
98	98
99	99
100	100

Product name	Vegan/Vegetarian	Cereal	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
		Containing Gluten*															
Medium Box Sushi Set																	
Premium Chotoro Tuna Set	x	x (WG)**			x			x			x	x					
Teriyaki Eel Nigiri & Roll Set	x	x (WG)			x			x			x	x				x	
Saba Mackerel Lover Set	x	x (WG)**			x			x			x	x					
Yellowtail Set	x	x (WG)**			x			x			x	x					
Salmon Sashimi	x	x (WG)**			x			x			x						
Tuna Sashimi	x	x (WG)**			x			x			x						
Sunrise Salmon Set	x	x (WG)**			x			x			x					x	
Plant Me Up Set	Vegan	x (WG)						x			x	x				x	
Yasai Maki 'n' Roll Set	Vegan	x (WG)						x			x					x	
Maki 'n' Roll Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Prawn Club Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Ocean Power Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Large Box Sushi Set																	
OMG-3 Sashimi & Nigiri Set	x	x (WG)**			x			x			x						
Tuna Chutoro & Salmon Supreme Set	x	x (WG)**			x			x			x						
Rainbow Set	x	x (WG)**			x			x			x					x	
Sushinoya Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Premium Sushinoya Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Hana Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Super Yasai Set	Vegan	x (WG)						x			x	x				x	
Golden Veg Set	Vegetarian	x (WG)		x				x			x	x				x	

* WG =Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten x (WG)** = Condiment (Soy Sauce Sachet) contains **WHEAT**

All our dishes may contain traces of nuts. Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements. For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Sushi Set / Salad

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Long Box Sushi Set																	
Salmon Hosomaki Rolls	x	x (WG)**			x			x			x						
Avocado Hosomaki Rolls	Vegan	x (WG)**						x			x						
Cucumber Hosomaki Rolls	Vegan	x (WG)**						x			x						
Tuna Chutoro Hosomaki Rolls	x	x (WG)**			x			x			x						
Spicy Salmon Rolls	x	x (WG)**			x			x			x						
Spicy Tuna Rolls	x	x (WG)**			x			x			x						
OMG-3 Sashimi	x	x (WG)			x			x			x	x					
Crunchy Salmon Avocado Rolls	x	x (WG)			x			x			x					x	
Green Garden Avocado Rolls (V)	Vegan	x (WG)**						x			x	x					
The Mayfair Ocean Rolls	x	x (WG)	x	x	x			x			x					x	
Salad																	
Salmon Teriyaki Salad	x	x (WG, BG)		x	x	x		x				x	x			x	
Chicken Teriyaki Salad	x	x (WG, BG)		x		x		x				x	x			x	
Salmon Chirashi Salad	x	x (WG)**			x			x			x	x					
The Harmony Chirashi Salad	x	x (WG)**			x			x			x	x					
Wakame Salad	Vegan	x (WG, BG)						x			x	x					
Chuka Wakame Salad	Vegan	x (WG, BG)						x			x	x					
Creamy Surimi Salad	x	x (WG, BG)	x	x	x			x			x	x				x	
Cold Side																	
Steamed Chiken Gyoza	x	x (WG)						x				x					
Steamed Veg Gyoza	Vegan	x (WG)						x									
Onigiri (Rice ball)																	
Tuna Mustard Onigiri	x	x (WG)			x						x	x					
Tuna Spicy Onigiri	x	x (WG)			x			x				x			x	x	
Prawn Tempura Onigiri	x	x (WG)	x					x				x				x	Egg, Fish, Milk, Sulphur, Molluscs
Seaweed Onigiri	Vegan											x				x	
Salmon Teriyaki Onigiri	x	x (WG)			x			x				x	x			x	
Chicken Teriyaki Onigiri	x	x (WG)						x				x	x			x	

* WG =Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten x (WG)** = Condiment (Soy Sauce Sachet) contains **WHEAT**

All our dishes may contain traces of nuts. Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements. For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help.

We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Individual Sushi

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Individual Sushi																	
Hosomaki Salmon	x				x												
Hosomaki Cucumber	Vegan																
Hosomaki Avocado	Vegan																
Hosomaki Chutoro Tuna	x				x												
Nigiri Salmon	x				x												
Nigiri Seared Salmon	x				x												
Nigiri Ebi (Prawn)	x		x					x									
Nigiri Chutoro Tuna	x	x (WG)			x			x									
Nigiri Seabass	x				x			x									
Nigiri Eel	x	x (WG)			x			x								x	
Nigiri Yellowtail	x				x			x									
Nigiri Saba (Mackerel)	x				x												
Nigiri Tamago (Egg)	Vegetarian			x													
Chumaki Salmon Masago Roll	x				x			x								x	
Chumaki Veg Yasai Roll	Vegan	x (WG)						x									
Chumaki Seafood Surimi Salad Roll	x	x (WG)	x	x	x			x				x				x	
Chumaki Fried Prawn Roll	x	x (WG)	x									x					Egg, Fish, Milk, Sulphur, Molluscs
Chumaki Chutoro Tuna Roll	x				x							x					
Chumaki Eel Roll	x	x (WG)			x			x				x				x	
Chumaki Saba (Mackerel) Roll	x				x							x					
Chumaki Chutoro Roll	x				x							x					
Inari Seaweed Pocket	Vegan	x (WG)						x				x					
Inari Pocket Plain	Vegan	x (WG)						x									
Special Masago Avo Cream Roll	x	x (WG)			x			x								x	
Special Salmon Avocado Roll	x	x (WG)			x			x				x				x	
Special Salmon Roll	x	x (WG)	x	x	x			x				x				x	
Special Eel Dragon Roll	x	x (WG)	x	x	x			x				x				x	
Special Mackerel Roll	x				x							x					

* WG = Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten

All our dishes may contain traces of nuts. Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements.

For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Hot Food

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Beef Gyudon Bento	x	x (WG)			x			x				x					
Chicken Spicy Bento	x	x (WG)						x				x	x		x	x	
Pork Spicy Bento	x	x (WG)						x				x	x		x	x	
Chicken Teriyaki Bento	x	x (WG)						x				x	x			x	
Salmon Teriyaki Bento	x	x (WG)			x			x				x	x			x	
Chicken Karaage Bento	x	x (WG)		x				x				x	x			x	Crustaceans, Fish, Milk, Molluscs
Chicken Katsu Curry Rice	x	x (WG)		x				x	x			x	x				Crustaceans, Fish, Molluscs
Beef Curry Rice	x	x (WG)			x			x				x	x				
Pumpkin Katsu Curry Rice	Vegan	x (WG)						x				x	x				
Chicken Katsu Yakisoba Noodle	x	x (WG)		x				x	x				x			x	Crustaceans, Fish, Sesame, Molluscs
Pumpkin Katsu Yakisoba Noodle	Vegan	x (WG)						x					x			x	
Beef Tanmen Noodle	x				x			x				x	x				
Chicken Tanmen Noodle	x				x			x				x	x				
Tofu Tanmen Noodle	Vegan							x				x	x				
Salmon Skin Tempura	x	x (WG)			x			x								x	Crustaceans, Egg, Milk, Sesame, Sulphur, Molluscs
Chicken Katsu	x	x (WG)		x					x								Crustaceans, Fish, Sesame, Sulphur, Molluscs
Chicken Karaage	x	x (WG)		x				x				x	x			x	Crustaceans, Fish, Milk, Molluscs
Prawn Tempura	x	x (WG)	x														Egg, Fish, Soy, Milk, Sesame, Sulphur, Molluscs
Takoyaki (Octopus Balls)	x	x (WG)		x	x			x		x					x		Crustaceans, Milk, Sesame, Sulphur
Pumpkin Katsu	Vegan	x (WG)						x									
Steamed Chiken Gyoza	x	x (WG)						x				x					
Steamed Veg Gyoza	Vegan	x (WG)						x									
Veg Miso Soup	Vegn							x								x	
Tonjiru (Pork Miso Soup)	x				x			x								x	

* WG = Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten

All our dishes may contain traces of nuts.

Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements.

For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Dessert

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Soft Cream																	
Vanila Soft Ice Cream	Vegetarian								x								
Match Green Tea Soft Ice Cream	Vegetarian								x								
Bingsu																	
Patbingsu	Vegetarian								x								
Bingsu Nogucha	Vegetarian							x	x								
Bingsu Mango	Vegetarian								x								
Bingsu Biscoff	Vegetarian	x (WG)						x	x								
Bingsu Chocolate Oreo	Vegetarian	x (WG)						x	x								

* WG =Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten

All our dishes may contain traces of nuts. Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements.

For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Drink

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Bubble Tea																	
Original Milk Tea	Vegetarian								x								
Taro Milk Tea	Vegetarian								x								
Matcha Green Milk Tea	Vegetarian								x								
Mango Milk Tea	Vegetarian								x								
Sakura Bloosom Milk Tea	Vegetarian								x								
Passion Fruit Tea	Vegan																
Green Apple Tea	Vegan																
Lychee Tea	Vegan																
Pomegranate Tea	Vegan																
Strawberry Tea	Vegan																
Popping Ball - Passion Fruit	Vegan																
Popping Ball - Mango	Vegan																
Popping Ball - Strawberry	Vegan																
Popping Ball - Peach	Vegan																
Popping Ball - Green Apple	Vegan																
Popping Ball - Pineapple	Vegan																
Lychee Coconut Jelly	Vegan																
Tapioca Balls	Vegan												x				
Latte																	
Matcha Latte	Vegetarian			x					x								
Red Bean Matcha Latte	Vegetarian			x					x								
Strawberry Matcha Latte	Vegetarian			x					x								
Brown Sugar Matcha Latte	Vegetarian			x					x								
Dalgona Latte	Vegetarian								x								
Tea																	
Green Tea	Vegan																
Roast Brown Tea	Vegan																
Mint Tea	Vegan																

* WG =Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten

All our dishes may contain traces of nuts.

Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements.

For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.

Sushinoya - Product Allergen Martix

Updated: 21/07/26

Condiment

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Sesame Dressing	Vegan	x (WG, BG)		x				x				x				x	
Japanese Dressing	Vegan	x (WG, BG)						x			x					x	
Chilli Oil	Vegan	x (WG)						x				x	x			x	
Sweet Chilli Sauce	Vegan																
Sweet Chilli Mayo Sauce	Vegan																
Teriyaki Sauce	Vegan	x (WG)						x					x			x	
Ginger	Vegan																
Wasabi	Vegan										x						

* WG =Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten

All our dishes may contain traces of nuts.

Food allergies & intolerance: Before ordering your food and drinks, please speak to our staff about your requirements.

For all allergen and dietary requirements, please speak to your server at the restaurant, who will be happy to help. We have strict procedures and training in place regarding allergens however, due to the nature of a kitchen operation, we are unable to guarantee that dishes are free of any allergen.