

Sushinoya Charing Cross - Product Allergen Martix

Updated: 10/04/26

Sushi Set

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soyabeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Small Box Sushi Set																	
Salmon Nigiri Set	x	x (WG)**			x			x			x						
Salmon Nigiri & Hosomaki Set	x	x (WG)**			x			x			x						
Salmon Love Set	x	x (WG)			x			x			x					x	
Yellowtail Roll Set	x	x (WG)**			x			x			x	x					
Tuna Chutoro Roll Set	x	x (WG)**			x			x			x	x					
Salmon Masago Roll Set	x	x (WG)			x			x			x					x	
Prawn Roll Set	x	x (WG)	x					x			x	x					Egg, Fish, Milk, Sulphur, Molluscs
Surimi Avo Roll Set	x	x (WG)	x	x	x			x			x	x				x	
Yasai Roll Set	Vegan	x (WG)						x			x					x	
Tamago Egg Nigiri Set	Vegetarian	x (WG)**		x				x			x						
Chicken Katsu Roll Set	x	x (WG)		x				x	x		x	x				x	Crustacean, Fish, Egg, Sulphur, Molluscs
Salmon Avo (Sesame) Roll Set	x	x (WG)**			x			x			x	x					
Salmon Skin Tempura Roll Set	x	x (WG)			x			x			x	x				x	Crustaceans, Milk Egg, Sulphur, Molluscs
California Roll Set	x	x (WG)	x	x	x			x			x	x				x	
Prawn Tempura Roll Set	x	x (WG)	x					x			x	x					Egg, Fish, Milk, Sulphur, Molluscs

* WG = Wheat Gluten, BG = Barley Gluten, OG = Oat Gluten x (WG)** = Condiment (Soy Sauce Sachet) contains **WHEAT**

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Midium Box Sushi Set																	
Premium Chotoro Tuna Set	x	x (WG)**			x			x			x	x					
Teriyaki Eel Nigiri & Roll Set	x	x (WG)			x			x			x	x				x	
Saba Mackerel Lover Set	x	x (WG)**			x			x			x	x					
Yellowtail Set	x	x (WG)**			x			x			x	x					
Salmon Sashimi	x	x (WG)**			x			x			x						
Tuna Sashimi	x	x (WG)**			x			x			x						
Sunrise Salmon Set	x	x (WG)			x			x			x					x	
Plant Me Up Set	Vegan	x (WG)						x			x	x				x	
Yasai Maki 'n' Roll Set	Vegan	x (WG)						x			x					x	
Maki 'n' Roll Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Prawn Club Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Ocean Power Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Large Box Sushi Set																	
OMG-3 Sashimi & Nigiri Set	x	x (WG)**			x			x			x						
Tuna Chutoro & Salmon Supreme Set	x	x (WG)**			x			x			x						
Rainbow Set	x	x (WG)			x			x			x					x	
Sushinoya Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Premium Sushinoya Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Hana Set	x	x (WG)	x	x	x			x			x	x				x	Milk, Sulphur, Molluscs
Super Yasai Set	Vegan	x (WG)						x			x	x				x	
Golden Veg Set	Vegetarian	x (WG)		x				x			x	x				x	

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Sushi Set / Salad

Product name	Vegan/Vegetarian	Cereal Containing Gluten*	Crustaceans	Eggs	Fish	Peanuts	Tree Nuts	Soybeans	Milk	Celery	Mustard	Sesame seeds	Sulphur dioxide/sulphites	Lupin	Molluscs	Alcohol	May Contain
Long Box Sushi Set																	
Salmon Hosomaki Set	x	x (WG)**			x			x			x						
Avocado Hosomaki Set	Vegan	x (WG)**						x			x						
Cucumber Hosomaki Set	Vegan	x (WG)**						x			x						
Tuna Chutoro Hosomaki Set	x	x (WG)**			x			x			x						
Spicy Salmon Rolls	x	x (WG)**			x			x			x						
Spicy Tuna Rolls	x	x (WG)**			x			x			x						
OMG-3 Sashimi	x	x (WG)			x			x			x	x					
Crunchy Salmon Avocado Rolls	x	x (WG)			x			x			x						x
Green Garden Avo Rolls (V)	Vegan	x (WG)**						x			x	x					
The Mayfair Ocean Rolls	x	x (WG)	x	x	x			x			x						x
Salad																	
Salmon Teriyaki Salad	x	x (WG, BG)		x	x	x		x				x	x				x
Chicken Teriyaki Salad	x	x (WG, BG)		x		x		x				x	x				x
Sweet Chilli Prawn Salad	x	x (WG, BG)	x	x		x		x				x					x
Salmon Chirashi Salad	x	x (WG)**			x			x			x	x					
The Harmony Chirashi Salad	x	x (WG)**			x			x			x	x					
Wakame Salad	Vegan	x (WG, BG)						x			x	x					
Chuka Wakame Salad	Vegan	x (WG, BG)						x			x	x					
Creamy Surimi Salad	x	x (WG, BG)	x	x	x			x			x	x					
Cold Side																	
Steamed Chicken Gyoza	x	x (WG)						x				x					
Steamed Veg Gyoza	Vegan	x (WG)						x									
Onigiri (Rice ball)																	
Tuna Mustard Onigiri	x	x (WG)			x						x	x					
Tuna Spicy Onigiri	x	x (WG)			x			x	x			x			x	x	
Prawn Tempura Onigiri	x	x (WG)	x					x				x				x	Egg, Fish, Milk, Sulphur, Molluscs
Seaweed Onigiri	Vegan											x					x
Salmon Teriyaki Onigiri	x	x (WG)			x			x				x	x				x
Chicken Teriyaki Onigiri	x	x (WG)						x				x	x				x

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Individual Sushi

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Individual Sushi																	
Hosomaki Salmon	x				x												
Hosomaki Cucumber	Vegan																
Hosomaki Avocado	Vegan																
Hosomaki Chutoro Tuna	x				x												
Nigiri Salmon	x				x												
Nigiri Seared Salmon	x				x												
Nigiri Ebi (Prawn)	x		x					x									
Nigiri Chutoro Tuna	x	x (WG)			x			x									
Nigiri Eel	x	x (WG)			x			x								x	
Nigiri Yellowtail	x				x			x									
Nigiri Saba (Mackerel)	x				x												
Chumaki Salmon Masago Roll	x	x (WG)			x			x								x	
Chumaki Veg Yasai Roll	Vegan	x (WG)						x									
Chumaki Seafood Surimi Salad Roll	x	x (WG)	x	x	x			x				x				x	
Chumaki Fried Prawn Roll	x	x (WG)	x									x					Egg, Fish, Milk, Sulphur, Molluscs
Chumaki Chutoro Tuna Roll	x				x							x					
Chumaki Seabass Roll	x				x							x					
Chumaki Eel Roll	x	x (WG)			x			x				x				x	
Chumaki Saba (Mackerel) Roll	x				x							x					
Chumaki Chutoro Roll	x				x							x					
Inari Seaweed Pocket	Vegan	x (WG)						x				x					
Inari Pocket Plain	Vegan	x (WG)						x									
Special Masago Avo Cream Roll	x	x (WG)			x			x								x	
Special Salmon Avocado Roll	x	x (WG)			x			x				x				x	
Special Salmon Roll	x	x (WG)	x	x	x			x				x				x	
Special Eel Dragon Roll	x	x (WG)	x	x	x			x				x				x	
Special Mackerel Roll	x				x							x					

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Hot Food

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Beef Gyudon Bento	x	x (WG)			x			x				x	x				
Chicken Spicy Bento	x	x (WG)						x	x			x	x		x	x	
Pork Spicy Bento	x	x (WG)						x	x			x	x		x	x	
Chicken Teriyaki Bento	x	x (WG)						x				x	x			x	
Salmon Teriyaki Bento	x	x (WG)			x			x				x	x			x	
Chicken Karaage Bento	x	x (WG)		x				x				x	x			x	Crustaceans, Fish, Milk, Molluscs
Chicken Katsu Curry Rice	x	x (WG)		x				x	x			x	x				Crustaceans, Fish, Molluscs
Beef Curry Rice	x	x (WG)			x			x				x	x				
Pumpkin Katsu Curry Rice	Vegan	x (WG)						x				x	x				
Beef Tanmen Noodle	x				x			x				x	x				
Chicken Tanmen Noodle	x				x			x				x	x				
Tofu Tanmen Noodle	Vegan							x				x	x				
Salmon Skin Tempura	x	x (WG)			x			x								x	Crustaceans, Egg, Milk, Sesame, Sulphur, Molluscs
Chicken Katsu	x	x (WG)		x					x								Crustaceans, Fish, Sesame, Sulphur, Molluscs
Chicken Karaage	x	x (WG)		x				x				x	x			x	Crustaceans, Fish, Milk, Molluscs
Prawn Tempura	x	x (WG)	x														Egg, Fish, Soy, Milk, Sesame, Sulphur, Molluscs
Takoyaki (Octopus Balls)	x	x (WG)		x	x			x		x					x		Crustaceans, Milk, Sesame, Sulphur
Pumpkin Katsu	Vegan	x (WG)						x									
Steamed Chiken Gyoza	x	x (WG)						x				x					
Steamed Veg Gyoza	Vegan	x (WG)						x									
Veg Miso Soup	Vegn							x								x	
Tonjiru (Pork Miso Soup)	x				x			x								x	

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Dessert

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Soft Cream																	
Vanila Soft Ice Cream	Vegetarian								x								
Match Green Tea Soft Ice Cream	Vegetarian								x								
Bingsu																	
Patbingsu	Vegetarian								x								
Bingsu Nogucha	Vegetarian							x	x								
Bingsu Mango	Vegetarian								x								
Bingsu Biscoff	Vegetarian	x (WG)						x	x								
Bingsu Chocolate Oreo	Vegetarian	x (WG)						x	x								

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Drink

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Bubble Tea																	
Original Milk Tea	Vegetarian								x								
Taro Milk Tea	Vegetarian								x								
Matcha Green Milk Tea	Vegetarian								x								
Mango Milk Tea	Vegetarian								x								
Sakura Blossom Milk Tea	Vegetarian								x								
Passion Fruit Tea	Vegan																
Green Apple Tea	Vegan																
Lychee Tea	Vegan																
Pomegranate Tea	Vegan																
Strawberry Tea	Vegan																
Popping Ball - Passion Fruit	Vegan																
Popping Ball - Mango	Vegan																
Popping Ball - Strawberry	Vegan																
Popping Ball - Peach	Vegan																
Popping Ball - Green Apple	Vegan																
Popping Ball - Pineapple	Vegan																
Lychee Coconut Jelly	Vegan																
Tapioca Balls	Vegan												x				
Latte																	
Matcha Latte	Vegetarian			x					x								
Red Bean Matcha Latte	Vegetarian			x					x								
Strawberry Matcha Latte	Vegetarian			x					x								
Brown Sugar Matcha Latte	Vegetarian			x					x								
Dalgona Latte	Vegetarian								x								
Tea																	
Green Tea	Vegan																
Roast Brown Tea	Vegan																
Mint Tea	Vegan																

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Condiment

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Sesame Dressing	Vegan	x (WG, BG)		x				x				x				x	
Japanese Dressing	Vegan	x (WG, BG)						x			x					x	
Chilli Oil	Vegan	x (WG)						x				x	x			x	
Sweet Chilli Sauce	Vegan																
Sweet Chilli Mayo Sauce	Vegan																
Teriyaki Sauce	Vegan	x (WG)						x					x			x	
Ginger	Vegan																
Wasabi	Vegan										x						

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